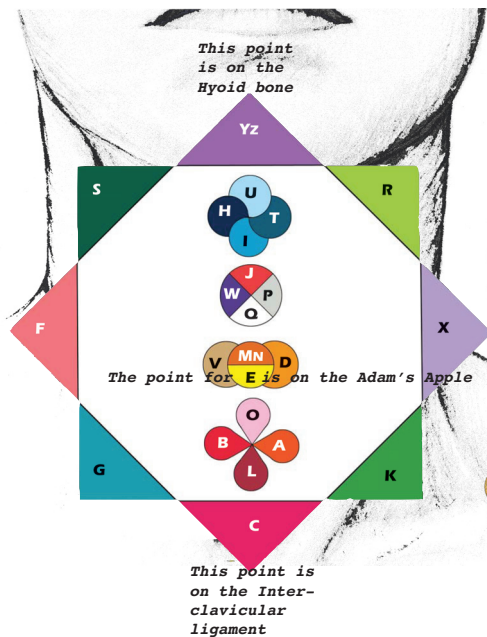
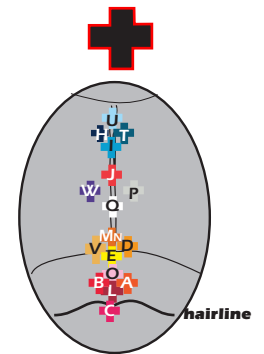


# The body points. THROAT KEY

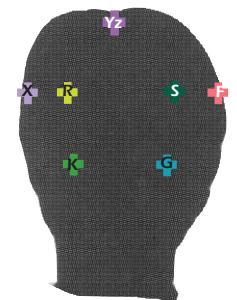


Each bioelectrical circuit can be contacted in 6 places in the body. 4 points for the centres, 1 in the throat, and a vertebra. These are the points used in Tibetan Pulsing Healing. There is a pulse beat in these places which has the frequency of the circuit and when touched activates the brain. By touching 2 points in a circuit the brain opens an electrical connection. Holding points in a circuit for some period (10 to 20 mins) allows negative electrical charge to be dissipated and areas of no feeling to regenerate.

The relative location of each point on the different parts of the body for the 4 centres is the same. The key for this is the throat where all the circuits pass through. Dheeraj developed the key shown to the left and below based on an ancient Sufi diagram. The Unison points shown to the right, on the top and back of the skull show the same spatial relationship.



TOP OF SKULL

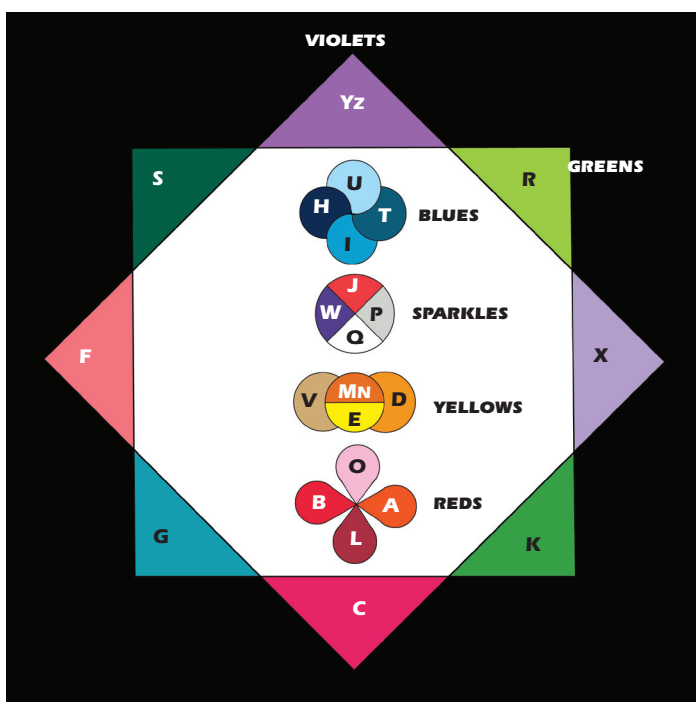


BACK OF SKULL

## The 6 waves each with 4 pillars of consciousness

There are 6 WAVES of 4 circuits adjacent to each other. These are known as the Greens, the Reds, the Blues, the Yellows, the Sparkles and the Violets. Points in the first 4 waves are on the front of our bodies and the Greens are on the back of the body while the Violets are in the centre and the sides. The points are the same for both a man and a woman. Each wave deals with a major division of our consciousness. The waves follow the order shown below in the BARDO of life<sup>1</sup>.

<sup>1</sup> See: Shantam Dheeraj (aka J.R. Murley), 2001. Bardo Live. Where does the World come from. Edizione Naropa. Bagna di Lucca, Tuscany, Italy. ISBN 88-900563-0-4



### WAVES OF CONSCIOUSNESS

WAVE/FUNCTION	DEVELOPMENT OF...	OVERCOMING...	SOUND	ORGAN
GREEN/VALUES	Respect	Anxiety	K	DUODENUM
	Freedom	Dependency	R	GALLBLADDER
	Creativity	Chaos	G	PANCREAS
	Stability	Insecurity	S	LIVER
RED/ILLUSIONS	Vitality	Impotence	L	TESTES/OVARIES
	Love	Hate	B	HEART
	Strength	Weakness	A	HARA
	Objectivity	Repression	O	SMALL INTESTINE
BLUE/IDENTIFICATIONS	Drive	Exhaustion	I	PENIS/VAGINA
	Courage	Cowardice	T	ADRENALS
	Composure	Stress	H	BLADDER
	Clarity	Confusion	U	KIDNEYS
YELLOW/SENSITIVITY	Excitement	Disillusionment	MN	SPLEEN
	Friendship	Compulsion	V	STOMACH
	Truth	Desire	E	TONGUE
	Reality	Phoneyess	D	THROAT
SPARKLES/COMMUNICATION	Trust	Paranoia	J	SPINAL BASE
	Joy	Pressure	Q	LUNGS
	Centredness	Vanity	W	PONS
	Alignment	Obsession	P	COLON
VIOLET/ FEARS OF SEPARATION	Capacity	Schizophrenia	X	LEGS
	Balance	Imbalance	F	ARMS
	Mind	Fear	C	BRAIN
	Comprehension	Hysteria	Yz	CEREBELLUM